## Mathematical model based on natural history of tuberculosis




Decline in TB mortality in England and Wales, and its association in time with the two World Wars, and the introduction of chemotherapy against TB.


## Comparative poverty indices: TB notification 2006 by index

| Index | R 2 | P-value |
| :---: | :---: | :---: |
| GDP | .10 | $<.001$ |
| Gini | .23 | $<.001$ |
| Proportion $<1 \$$ day | .19 | $<.001$ |
| Proportion $<2 \$$ day | .21 | $<.001$ |
| U5 mortality | .17 | $<.001$ |
| Human development index | .21 | $<.001$ |
| Total health exp by GDP | .003 | .448 |

## Trends in TB incidence: By Human Development Index



Fig. 3
Human development: a statistically significant correlate of trends in TB incidence rate across six groups of countries over 1997-2006, as judged by univariate linear regression (fitted line) ${ }^{\text {a }}$

## Trends in TB incidence: By Under 5 Mortality



Fig. 4
Child mortality: a statistically significant correlate of trends in TB incidence rate across six groups of countries over 1997-2006, as determined by univariate linear regression (fitted line) ${ }^{\text {a }}$

|  | OR (95\% CI) individual factors | OR (95\% CI) area factors | OR (95\% CI) individual and area factors |
| :---: | :---: | :---: | :---: |
| Individual level |  |  |  |
| Sex |  |  |  |
| Male | 2.20 (1.93-2.53) |  | 2.21 (1.92-2.53) |
| Age group |  |  |  |
| 20-34 years | 2.72 (2.07-3.59) |  | 2.70 (2.06-3.55) |
| 35-49 years | 3.75 (2.90-4.85) |  | 3.76 (2.91-4.86) |
| 50-64 years | 3.38 (2.73-4.20) |  | 3.42 (2.74-4.25) |
| 65 years | 1.89 (1.46-2.45) |  | 1.96 (1.52-2.54) |
| Illiterate | 1.38 (1.15-1.66) |  | 1.33 (1.11-1.61) |
| Not worked previous week | 1.32 (1.13-1.53) |  | 1.31 (1.13-1.52) |
| Possession of goods |  |  |  |
| 4-6 | 1.74 (1.36-2.23) |  | 1.48 (1.16-1.90) |
| 2-3 | 2.93 (2.24-3.84) |  | 2.42 (1.86-3.15) |
| 0-1 | 5.52 (3.57-7.64) |  | 4.27 (2.88-6.34) |
| Area level |  |  |  |
| Computers and literacy |  |  |  |
| Intermediate |  | 1.58 (1.25-2.00) | 1.29 (1.00-1.67) |
| Low |  | 2.12 (1.64-2.74) | 1.59 (1.19-2.13) |

Over the edge... Russia in the 1990s


Cuba: upturn in TB linked to economic shock, partly mediated by nutritional crisis


## TB and economic recession, 1990s

Excess morbidity driven by a process common to 15
Central \& Eastern European countries


# How does poverty cause TB? 

What can we do about it?


## Pathogenesis model of TB progression

## Transitions

1. Infection leading to latent TB
2. Infection leading to primary disease
3. Re-activation of latent TB
4. Re-infection leading to disease
5. Cure
6. Death
7. Relapse

- Exposure to people and to people with TB
- Urban versus rural OR 2 in Navy recruits
- Intimate versus causal contact

Age-adjusted \% positive skin test reactors in children age 0-14 in British Columbia 1966-1971

|  | Race and closeness of TB contact |  |  |  |  |
| :--- | :--- | :--- | :--- | :--- | :---: |
| Sputum status of <br> source case | Indian Children |  |  | White children |  |
|  | Intimate (1012) | Casual(619) | Intimate (1873) | Casual (3031) |  |
| Positive smear | 44.7 | 37.4 | 34.7 | 10.1 |  |
| Positive culture | 27.7 | 15.6 | 8.9 | 2.4 |  |
| Negative culture | 25.7 | 18.7 | 7.2 | 3.3 |  |



## Environment



## Attributes of index case

- Smear status
- Cavitary lesions
- Closeness of contact
- Treatment delay
- Smoking in index case (increases risk)
- HIV in index case (decreases risk)
- Lineage?
- Drug resistance?


## Cough aerosols predict infection

| Characteristic | Total ( $\mathrm{N}=369$ ) | Tuberculosis Disease $(\mathrm{n}=8)$ | No Tuberculosis Disease $(n=361)$ | Unadjusted OR (95\% CI) | $\begin{gathered} P \\ \text { Value } \end{gathered}$ | Adjusted OR With HIV (95\% CI) | $\begin{gathered} P \\ \text { Value } \end{gathered}$ | Adjusted OR Without HIV (95\% CI) | $P$ <br> Value |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Sputum volume, mL |  |  |  |  |  |  |  |  |  |
| <5 | 129 (35) | 1 (13) | 128 (35) | Reference | . | . . . | . . | . . | . . |
| $\geq 5$ | 240 (65) | 7 (87) | 233 (65) | 3.9 (.48-31.4) | . 20 | . . | . . | . . | . |
| Sputum appearance ${ }^{\dagger}$ |  |  |  |  |  |  |  |  |  |
| Nonpurulent | 151 (41) | 2 (25) | 149 (42) | Reference | . . | . . | . . | . . | . |
| Purulent | 214 (59) | 6 (75) | 208 (58) | 2.14 (.4-10.5) | . 35 | . . | . . | . . | . . |
| Sputum AFB smear grade |  |  |  |  |  |  |  |  |  |
| $1+^{9}$ | 60 (16) | 0 | 60 (100) | . . . | $.28^{\text {h }}$ | . . | . . | . . | . . |
| $2+$ | 59 (16) | 0 | 59 (100) | . . . | . . . | . . | . . . | . . . | . |
| $3+$ | 250 (68) | 8 (100) | 242 (67) | . . . | . | . . . | . . . | . . . | . |
| Sputum MGIT, DTP |  |  |  |  |  |  |  |  |  |
| Median (IQR) | 6 (4-8) | 3 (2-4) | 6 (4-8) | 0.67 (.48-.93) | . 02 | . . | . . | . . | . . . |
| $\geq 6$ | 189 (52) | 1 (13) | 188 (53) | Reference | . . | Reference | $\cdots$ | Reference | . . |
| <6 | 172 (48) | 7 (87) | 165 (47) | 7.9 (.98-64.7) | . 05 | 8.2 (1.1-59.2) | . 04 | 7.5 (1.1-52.6) | . 04 |
| Aerosol CFU count |  |  |  |  | $\cdots$ |  | . . . | . . . | . |
| Median (IQR) | 0 (0-6) | 16 (1-32) | 0 (0-6) | 1.01 (1.00-1.01) | . 15 | . . . | . . . | . . . | . . . |
| Mean (SD) | 14.9 (47) | 35.1 (55.6) | 14.5 (46.8) | . . . | . . . | . . | . . . | . . . | ... |
| Range | 0-378 | 0-163 | 0-378 | . . | . . . | . . | . . . | . . | . |
| <10 | 293 (79) | 4 (50) | 289 (80) | Reference | . . | Reference | . . | Reference | . . . |
| $\geq 10$ | 76 (21) | 4 (50) | 72 (20) | 4.0 (.98-16.3) | . 05 | 6.0 (1.4-25.2) | . 01 | 4.3 (.98-18.8) | . 05 |

Risk factors for Diagnostic delay

HIV
Coexistence of chronic cough and/or other lung diseases
Negative sputum smear
Extrapulmonary TB
Rural residence
Low access to healthcare
Initial visit to government low-level healthcare facility
Initial visit to traditional or unqualified practitioner
Initial visit to private practitioner
Initial visit to tertiary-level services/hospital

## Positive association

[10]
[12, 14-16]
[12, 19, 20]
[7, 17, 18]
[5, 11, 14, 16, 23, 25, 29-32]
$[6,8,10,14,18,23,25,27-30,34,42,47$,
$48,50]$
[5, 6, 9-11, 23, 26, 32-34]
$[9,10,14,26-29,32,36,37]$
$[9,10,14,26-29,32,36,37]$
[11]

Negative association

Old age
$[5,12,14-16,19,23,24,26,38,40,41]$
[11-13]

| Old age | $[5,12,14-16,19,23,24,26,38,40,41]$ | 18, 35] |
| :---: | :---: | :---: |
| Poverty | $\begin{gathered} {[7,20,21,27,28,34,37,40,41,47,48,} \\ 54,56] \end{gathered}$ | [18] |
| Female sex | [8, 10, 11, 14-16, 20, 22, 31, 33, 39, 40] | $[5,21,23,25]$ |
| Alcoholism or substance abuse | [8, 21-25] |  |
| History of immigration | [8, 15, 17, 22, 38, 39, 42] |  |
| Low educational level and/or low awareness and knowledge about TB | $\begin{gathered} {[9,15-17,20,21,23,24,27,28,31-33,38,} \\ 39] \end{gathered}$ | [13] |

Storla DG, Yimer S, Bjune GA. A systematic review of delay in the diagnosis and treatment of tuberculosis. BMC Public Health. 2008 Jan 14;8:15.

## Impact of treatment delay on transmission

Table 4 Independent risk factors for tuberculin skin test (TST) positivity of household contacts identified by multivariate random intercept model among total contacts ( $n=1668$ )

| Variable | Adjusted odds ratio | 95\% CI | $P$-value |
| :---: | :---: | :---: | :---: |
| Total treatment delay of index case |  |  |  |
| Non-TB index case (baseline group) | 1 |  |  |
| TB index case with delay $\leq 30 \mathrm{~d}$ | 0.61 | 0.20-1.87 | 0.38 |
| TB index case with 30-60 d delay | 1.86 | 1.20-2.89 | 0.007 |
| TB index case with 60-90 d delay | 2.37 | 1.56-4.11 | <0.001 |
| TB index case with delay >90 d | 2.27 | 1.46-3.63 | <0.001 |
| Chest X-ray with cavitation of index case |  |  |  |
| Negative | 1 |  |  |
| Positive | 1.64 | 1.25-2.21 | <0.001 |
| Age of contact (years) |  |  |  |
| $\leq 4$ | 1 |  |  |
| 4-14] | 2.07 | 0.93-4.89 | 0.10 |
| 14-24 | 3.78 | 1.69-10.5 | 0.002 |
| 24-64 | 4.64 | 2.15-11.7 | <0.001 |
| >64 | 5.57 | 2.06-15.4 | <0.001 |
| Sleeping site relative to TB patient |  |  |  |
| Different bedroom | 1 |  |  |
| Same bedroom | 2.29 | 1.67-2.94 | <0.001 |

Lin X, Chongsuvivatwong V, Lin L, Geater A, Lijuan R. Dose-response relationship between treatment delay of smear-positive tuberculosis patients and intra-household transmission: a crosssectional study. Trans R Soc Trop Med Hyg. 2008;102:797-804.

## Host factors associated with disease

- Malnutrition
- Co-morbidities
- HIV
- Helminths


Poverty

- Diabetes mellitus
- Smoking
- Alcoholism


Poor populations within wealthier countries

Table 1 Relative Risk, Prevalence and Population Attributable Risk of Selected Risk Factors for TB, in $\mathbf{2 2}$ High TB Burden Countries

| Risk Factor (reference for <br> relative risk and prevalence <br> estimates, respectively) | Relative Risk for <br> Active TB Disease <br> (Range) $^{\mathbf{a}}$ | Weighted Prevalence, <br> Total Population, 22 TB $^{\text {High Burden Countries }}{ }^{\mathbf{b}}$ | Population Attributable <br> Fraction (Range) |
| :--- | :--- | :---: | :---: |
| HIV infection $^{53,54}$ | $8.3(6.1-10.8)$ | $1.1 \%$ | $7.3 \%(5.2-9.6)$ |
| Malnutrition $^{46,55, \mathrm{~d}}$ | $4.0(2.0-6.0)$ | $17.2 \%$ | $34.1 \%(14.7-46.3)$ |
| Diabetes $^{51,56, \mathrm{e}}$ | $3.0(1.5-7.8)$ | $3.4 \%$ | $6.3 \%(1.6-18.6)$ |
| ${\text { Alcohol use }>40 \mathrm{~g} / \text { day }^{50, f}}^{\text {Active smoking }}{ }^{48,57, \mathrm{~g}}$ | $2.9(1.9-4.6)$ | $7.9 \%$ | $13.1 \%(6.7-22.2)$ |
| Indoor pollution $^{47,49, \mathrm{~h}}$ | $2.6(1.6-4.3)$ | $18.2 \%$ | $22.7 \%(9.9-37.4)$ |

## Alcohol Use and TB Risk

Table 2: Pooled effect sizes for different sub-categories of studies.

| Study category | No of studies | Hetero-geneity test Cochrane's Q p-value ( $\mathrm{I}^{2}$ ) | Pooled, fixed effect assumption (95\% confidence interval) | Pooled, random effect assumption <br> (95\% confidence interval) |
| :---: | :---: | :---: | :---: | :---: |
| Level of exposure |  |  |  |  |
| High exposure | 11 | $<0.01$ (0.82) | 2.90 (2.39-3.51) | 3.50 (2.01-5.93) |
| Low exposure | 4 | 0.46 (0.00) | 1.08 (0.82-1.40) | 1.08 (0.82-1.40) |
| High-exposure studies |  |  |  |  |
| Controlled* for HIV status | 7 | 0.03 (0.57) | 2.93 (2.37-3.61) | 3.26 (2.26-4.70) |
| Controlled* age, sex, SES, smoking | 5 | 0.04 (0.61) | 3.27 (2.38-4.50) | 3.49 (2.06-5.90) |
| Controlled* HIV, age, sex, SES, smoking | 4 | 0.07 (0.42) | 3.92 (2.70-5.71) | 4.08 (2.49-6.68) |
| Controlled* infection, age, sex, SES | 4 | 0.23 (0.30) | 4.11 (2.84-5.94) | 4.21 (2.73-6.48) |
| Excluding three smallest studies | 8 | 0.03 (0.59) | 2.75 (2.19-3.46) | 2.94 (1.89-4.59) |
| Excluding three smallest and Brown I and Kim | 6 | 0.32 (0.15) | 2.76 (2.34-3.81) | 2.96 (2.28-3.85) |
| Pulmonary TB cases only** | 2 | 0.49 (0.00) | 3.67 (2.58-5.22) | 3.67 (2.58-5.22) |
| All types of $\mathrm{TB}^{1 *}$ | 6 | $<0.01$ (0.83) | 2.52 (1.98-3.19) | 2.87 (1.47-5.58) |

*Controlled for respective covariates, either by design (e.g. through inclusion/exclusion criteria) or in the analysis (stratification or multivariate analysis)
**Excluding three smallest studies

Research article
Alcohol use as a risk factor for tuberculosis - a systematic review Knut Lönnroth*, Brian G Williams, Stephanie Stadlin, Ernesto Jaramillo and Christopher Dye

## Host Factors:

## Global distribution of alcohol use in men



## Host Factors: BMI

Dose-response relationship in the reviewed cohort studies on the association between BMI and TB incidence.


Lönnroth $K$, Williams BG, Cegielski P, Dye C. A consistent log-linear relationship between tuberculosis incidence and body mass index. Int J Epidemiol. 2009 Oct 9. Ahead of print.

## Undernutrition



## Global Distribution Male Smoking



## Male Smoking

Smoking prevalence for men
Smoking among males aged 15 and over latest owioble dato


## OPEN $\odot$ ACCESS Freely available online

## PLOS medicine

## Tobacco Smoke, Indoor Air Pollution and Tuberculosis: A Systematic Review and Meta-Analysis <br> Hsien-Ho Lin ${ }^{1}$, Majid Ezzati ${ }^{2}$, Megan Murray ${ }^{\text {1,3,4* }}$

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## Study

## Effect Size

## Cohort study

Leung (2004)

## Case-control studies

Jick (2006)
Shetty (2006)
Lienhardt (2005)
Wang (2005)
Crampin (2004)
Ariyothai (2004)
Tekkel (2002)
Kolappan (2002)
Tocque (2001)
Dong (2001)
Alcaide (1996)
Buskin (1994)
Lewis (1963)
Brown (1961)
Lowe (1956)


Heterogeneity: $I^{2}=54.4 \%$

## Cross-sectional studies

Gupta BN (1997)
Yu (1988)
Adelstein (1967)
Shah (1959)
Heterogeneity: $\boldsymbol{I}^{\mathbf{2}=50.2 \%}$
$\qquad$ 2
4
10

## Leading causes of death in China - 2002



## Attributable and avoidable disease burden



## Estimate and model smoking trends in China



## Indoor air pollution from solid fuel and tuberculosis: a systematic review and meta-analysis

## H-H. Lin,* C-W. Suk, ${ }^{+}$H-L. Lo, ${ }^{\ddagger}$ R-Y. Huang, ${ }^{\ddagger}$ D. A. Enarson, ${ }^{\boxed{5}}$ C-Y. Chiang ${ }^{\dagger § \uparrow}$

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## Population using solid fuels (\%), 2010

 Total

## Diabetes and TB risk



## Severity of diabetes and risk of TB

| Study | Diabetes strata | Relative Risks | 95\% CI |
| :---: | :---: | :---: | :---: |
| PabloMendez et al., 1997 | No DM | 1 | -- |
|  | Type II DM, uncomplicated | 1.08 | (0.98-1.20) |
|  | Type I DM, uncomplicated | 1.47 | (1.25, 1.73) |
|  | Poorly controlled | 2.75 | (2.46, 3.06) |
| Leung et al., 2008 |  | 1 | -- |
|  | DM, HbA1c<7\% | 0.81 | (0.44, 1.48) |
|  | DM, $\mathrm{HbA} 1 \mathrm{c}>=7 \%$ | 2.56 | $(1.95,3.35)$ |

## Differential yield by severity of DM

Relative detection of TB by severity of diabetes in studies that stratified by insulin dependence

| Study | Diabetes Severity (Quantity of Insulin Required) | Prevalence or <br> Incidence Ratio <br> (compared to |
| :--- | :---: | :---: | :---: | :---: | :---: |
| mild diabetes) |  |  |$|$

## Number of people with DM to screen to detect 1 additional TB case



Number of people with TB to screen to detect 1
additional case of DM


Number of people with diabetes worldwide in 2017 and 2045 (20-79 years)


## Others

- Malignancies
- Renal failure
- Gastrectomy and jejunoileal bypass
- Steroid use
- Infliximab
- RA?


## Others



## The global distribution of risk factors by poverty level

## Tony Blakely, ${ }^{1}$ Simon Hales, ${ }^{2}$ Charlotte Kieft, ${ }^{3}$ Nick Wilson, ${ }^{4}$ \& Alistair Woodward ${ }^{5}$

Bulletin of the World Health Organization | February 2005, 83 (2)

Fig. 3. Prevalence of risk factors by level of absolute poverty
Child malnutrition


Indoor air pollution


AFRD $=$ Africa, stratum $D$
AFRE $=$ Africa, stratum E
AMRB $=$ Americas, stratum B

AMRD $=$ Americas, stratum D
EMRB $=$ Eastern Mediterranean, stratum B EMRD $=$ Eastern Mediterranean, stratum D

EURB $=$ Europe, stratum $B$
EURC = Europe, stratum C
SEARB $=$ South-East Asia, stratum B

SEARD $=$ South-East Asia, stratum D
WPRB $=$ Western Pacific, stratum B

Absent regional labels indicates no available data for risk factor.

Tobacco use


Overweight and obese (15 to 44 years old females only)


Alcohol use


