Measuring the "burden" of TB

Measures of TB burden

- Case notifications
- Disease Incidence
 By smear status
- Disease Prevalence
- Case Fatality Rate
- TB mortality
- Prevalence of infection
- Annual risk of TB infection

Some definitions

- Incidence
 - Number of new cases diagnosed over a specified time period – usually a year.
- Prevalence
 - Number of cases in the population at a specified time point.
- Case detection rate
 - Number of cases notified divided by number of cases that happened (incidence).

Case notifications

% notified tested for rifampicin resistance

Laboratory-confirmed cases

MDR/RR-TB cases tested for resistance to second-line drugs

Bangladesh

| | 165 million | | | | |
|--|----------------------------|----------------------|---------------------------|----------------------------------|--|
| Estimates of TB burden*, 2017 | | Number (thousands | Rat (per 100 000) | Rate (per 100 000 population) | |
| Mortality (excludes HIV | +TB) | 59 (38-85) | 36 (23-52 | .) | |
| Mortality (HIV+TB only) | | 0.17 (0.085-0.29) | 0.11 (0.05-0 | J.18) | |
| Incidence (includes HIV+TB) | | 364 (265-479) | 221 (161-2 | 91) | |
| Incidence (HIV+TB only) | | 0.55 (0.27-0.92) | 0.33 (0.17–0.56) | | |
| Incidence (MDR/RR-TB)** | | 8.4 (3.8–15) | 5.1 (2.3–9) |) | |
| Est | imated TB incidence by | age and sex (thousar | nds)*, 2017 | | |
| | 0-14 years | > 14 years | Tot | al | |
| Females | 17 (16–18) | 118 (98–137) | 134 (110–1 | 158) | |
| Males | 18 (17–19) | 212 (164-259) | 230 (176-2 | 284) | |
| Total | 35 (32–38) | 329 (237–421) | 364 (265-4 | 479) | |
| | TB case notificati | ons 2017 | | | |
| Total cases notified | 10 ouse notinout | 0110, 2011 | | 244 201 | |
| Total new and relapse | | 242 639 | | | |
| - % tested with ra | apid diagnostics at time o | f diagnosis | | <1% | |
| - % with known H | IV status | | | 2% | |
| - % pulmonary | | | | 81% | |
| - % bacteriologica | ally confirmed among pu | Imonary | | 74% | |
| Universa | I health coverage and s | ocial protection | | | |
| TB treatment coverage | (notified/estimated incide | ence), 2017 | (| 67% (51–92) | |
| TB patients facing catas | strophic total costs | | | | |
| TB case fatality ratio (e | stimated mortality/estima | ted incidence), 2017 | 0.1 | 7 (0.1–0.26) | |
| TB/HIV care | in new and relapse TB | patients, 2017 | Num | ber (%) | |
| Patients with known HIV | V-status who are HIV-pos | sitive | | 89 2% | |
| - on antiretroviral | therapy | | | 84 94% | |
| Drug-resistan | t TB care, 2017 | Pr New cases | eviously treated cases | Total number*** | |
| Estimated MDR/RR-TB pulmonary TB cases | cases among notified | | (3 | 5 800 3 800–7 800) | |
| Estimated % of TB case | es with MDR/RR-TB | 1.6% (0.74-2.8) | 29% (24-35) | | |

18%

63%

MDR/RR-TB: 944, XDR-TB: 6

49 943

362

Tuberculosis profile





- Mortality (excludes HIV+TB)

(Rate per 100 000 population per year)





Incidence

• Could be measured in a longitudinal cohort study.



 Usually indirectly measured from case notification rate adjusted for case detection rate.



Issues: assumptions



Case notification series that are assumed by WHO to represent the true underlying trends in incidence.

Issues: missed cases

- Private sector TB care
- Smear negative TB rates vary
- Children not usually counted

So, how does one measure the case detection rate?

Prevalence surveys

- Cross sectional studies of sampled population requiring well-designed sampling strategy, sensitive and specific means of detection.
- Most use symptom screen, CXR and sputum processing.



Laos Prevalence Survey



3. Chest X-Ray

4. Specimen collection

Issues

- Labor intensive
- Costly
- Case detection depends on method of diagnosis
 - Symptoms only present in 50% of people with smear positive TB
- Unclear how long people have had TB

Indonesia

Population 2017

264 million

| Estimates of TB burden*, 2017 | Number (thousands) | Rate (per 100 000 population) |
|-------------------------------|--------------------|----------------------------------|
| Mortality (excludes HIV+TB) | 110 (100–110) | 40 (38–43) |
| Mortality (HIV+TB only) | 9.4 (5–15) | 3.6 (1.9–5.8) |
| Incidence (includes HIV+TB) | 842 (767–919) | 319 (291–348) |
| Incidence (HIV+TB only) | 36 (20-57) | 14 (7.7–21) |
| Incidence (MDR/RR-TB)** | 23 (16–31) | 8.8 (6.2–12) |

| Estimated TB incidence by age and sex (thousands)*, 2017 | | | | | | | | |
|--|-------------------------------|-----------------|-------------------------|---------------|------------------|--|--|--|
| | 0-14 years | > 14 years Tota | | Total | | | | |
| Females | 23 (23–23) | 326 (308-345) | | 349 (329–370) | | | | |
| Males | 26 (26–27) | 466 (435 | -497) | 492 (458–52 | 26) | | | |
| Total | 49 (48–50) | 792 (723–862) | | 842 (767–91 | 842 (767–919) | | | |
| | | | | 1 | | | | |
| | TB case notificati | ons, 2017 | | | | | | |
| Total cases notified | | | | | 446 732 | | | |
| Total new and relaps | e | | | | 442 172 | | | |
| - % tested with | n rapid diagnostics at time o | of diagnosis | | | 2% | | | |
| - % with known HIV status | | | Revised up to 1.2 after | | <mark>29%</mark> | | | |
| - % pulmonary | | | prevalence survey | | 90% | | | |
| - % bacteriolog | gically confirmed among pu | Imonary | | | 54% | | | |

Translating prevalence to incidence

• Prevalence = incidence X duration

- BUT
 - This assumes that there is a disease is in steady state with the same number of people leaving the state as arriving in it.
 - So not true in general for TB.







Main methods used to estimate TB incidence

TB mortality

- Reflects both incidence and success of case finding and treatment.
- Good proxy for programmatic success but not necessarily incidence.
- Multiple ways to measure:
 - Vital status
 - Using case fatality rate measured in treatment cohorts
 - Verbal (or real) autopsy

Issues

- Autopsy studies show much TB missed during life.
- Verbal autopsies poorly differentiate TB from other chronic diseases.
- Vital registration data only available for 1/3 of deaths globally.
- Patients with TB die from other causes than TB even during TB treatment.

Measuring TB infection

- Two tools
 - TST
 - Overlap with BCG and other mycobacteria
 - Unclear if TST positivity correlates with presence of viable mycobacteria



– IGRA

 Measures interferon-gamma response to stimulation with Mtb specific antigen.

Population distribution of TST induration sizes



Why different curves?

- Different types of BCG
- Different age groups
- Different endemic mycobacteria
- Others?
 - Genetics?
 - Helminth infection?

How about IGRA?



Distribution in people who are negative on binary outcome.

 $\mathsf{D} \mathsf{to } \mathsf{0.35 IGRA distribution}$

Distribution in people who are positive on binary outcome.



Estimating yearly incidence of infection - ARTI

- Binomial model for infection each year.
- Focus on young age group
- Assume that incidence does not change over the time period equivalent to participants age.

- PR = 1-(1-p^age)
- Where p is yearly risk or ARI
- PR is prevalence of infection.

How is ARI associated with incidence?

- Styblo's ratio
 - Every increase of 50 smear positive cases per 100,000 leads to a 1% increase in the ARI.
- Incidence (of infection) = beta*(prevalence of source cases)
 - Where beta reflects
 - Probably of transmission event given contact (b)
 - Contact rate (K)

Assumptions

- Source cases are smear positive?
- Homogeneous mixing
- Duration of infectiousness stable.

Bull World Health Organ. 2008 Jan; 86(1): 4. doi: [10.2471/BLT.07.049510]

Breaking a law: tuberculosis disobeys Styblo's rule









Global trends in estimated TB incidence and mortality rates, 2000–2016. Shaded areas represent uncertainty intervals.



FIG. 3.15

Regional trends in estimated TB mortality rates by WHO region, 2000–2016. Estimated TB mortality rates in HIV-negative people are shown in **blue**, and estimated mortality rates of HIV-positive TB are shown in **red**. Shaded areas represent uncertainty intervals.

